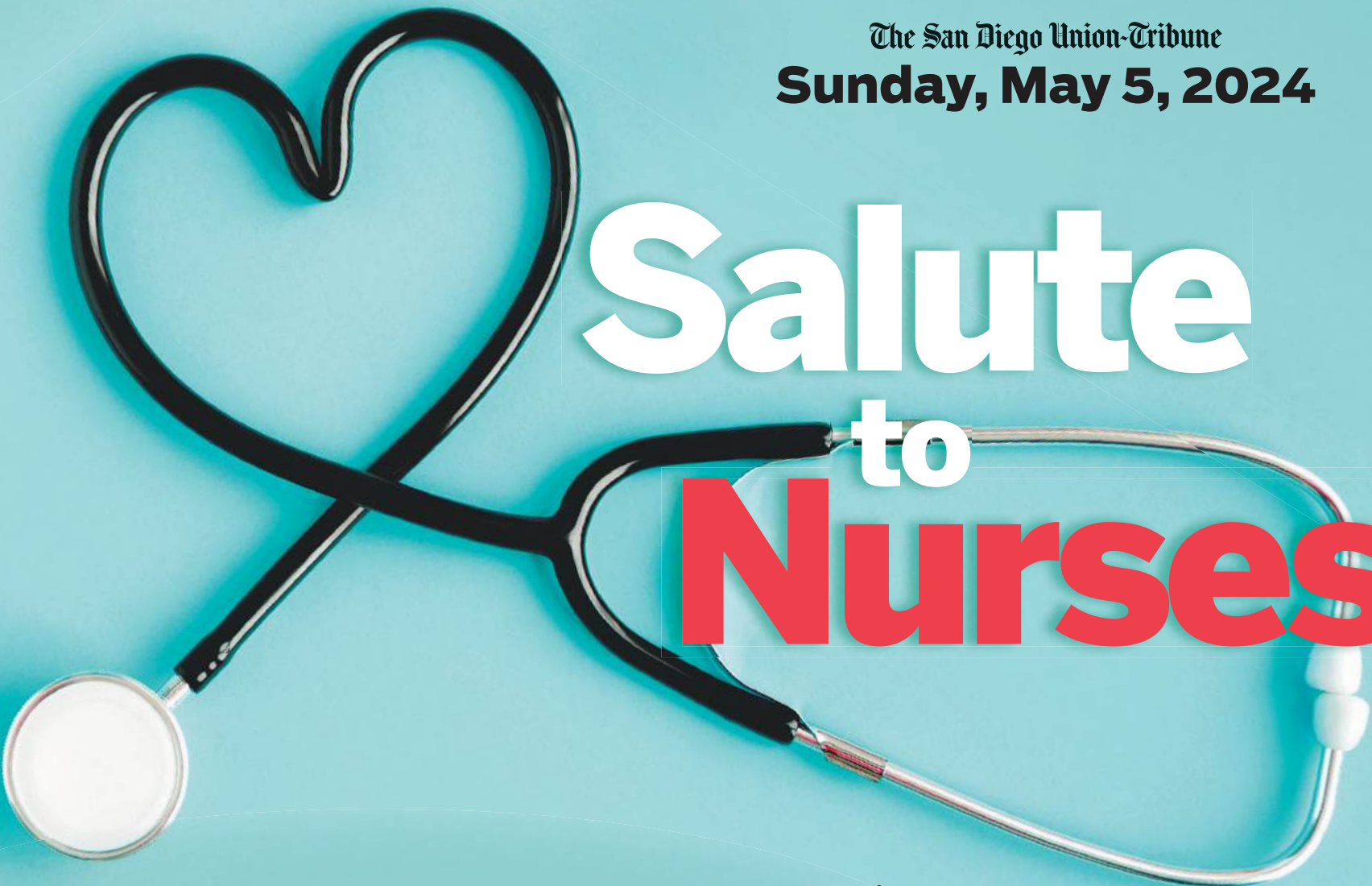


ADVERTISING SUPPLEMENT

The San Diego Union-Tribune
Sunday, May 5, 2024



Salute to Nurses

Celebrate **National Nurses Week** | May 6-12



SALUTING OUR
CHAMPIONS OF HEALTHCARE.

The Nurses of Palomar Health.

PALOMAR HEALTH[®]
Reimagining Healthcare[®]

PalomarHealth.org



Quality care through nursing excellence

UC San Diego Health

UC San Diego Health nurses deliver exceptional, individualized care. As the *only* academic medical center in San Diego, we apply the latest clinical discoveries to achieve extraordinary outcomes — while giving our patients the caring, healing connection they appreciate.

Our world-class care is reaching more San Diego County residents than ever in a time of unprecedented growth! [UC San Diego Health Hillcrest](#) and [La Jolla](#) are proud to be designated three times by the ANCC Magnet Recognition Program®, recognizing our continued commitment to nursing excellence and high-quality patient care.

And our Nurse Residency Program has been accredited twice with distinction by the ANCC's Commission on Accreditation in Practice Transitions Programs. This demonstrates our commitment to the next generation of nurses!

health.ucsd.edu/nursing

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Members of the UC San Diego Health East Campus nursing team.

UC San Diego Health nurses

Leading the way in growth and excellence

UC San Diego Health nurses are known for leading the way in health care excellence as they deliver compassionate care that leads to stellar outcomes. We celebrate our nurses and recognize their contributions to the health system and our community, especially during Nurses Week.

In December 2023, UC San Diego Health proudly welcomed 250+ nurses from our new East Campus to our team. These dynamic and talented nurses are committed to providing exceptional service and care.

UC San Diego Health nurses lead evidence-based, data-driven teams that employ Lean principles, champion equity and enhance the culture of safety. The Nurse Residency Program has been accredited twice with distinction by the ANCC’s Commission on Accreditation in Practice Transitions Programs. This showcases our dedication to developing the next generation of nurses.

A special congratulations to the 2024 Nurses of the Year for their incredible accomplishments in health care excellence.

Ambulatory Nurse

- Yun Yang
- Diana Teopaco
- Jamie Sample

Inpatient Nurse

- Cristal Vieyra
- Mark Cunanan
- Stefan Panov
- Jansen Pagal

Nurse Consultant

- Marian Cabandong
- Megan Londerholm
- Tiffany Lentz
- Judy Davidson

Nurse Leader

- Gabrielle Kelley
- Karen Armenion
- Jeni Diaz
- Jessica Mathers

Team Awards

- JMC 5FG Hospital Elder Life Program
- Abdominal Transplant – Living Donor Transplant
- Wound Ostomy Nurse

Marguerite Jackson Award

- Stephanie Chmielewski

These **heroes** wear stethoscopes

Registered nurses by the numbers

3,172,500
Number of jobs (2022)

\$86,070
2023 median pay

6% faster than average rate of projected job growth (2022-2032)



What RNs do

Registered nurses (RNs) provide and coordinate the bulk of direct patient care across a wide range of healthcare settings. They're also advocates and educators who take the time to answer questions, listen to concerns and empower patients. RNs work alongside doctors and other healthcare professionals to ensure patients get the best care possible.

Where RNs work

Most registered nurses work in hospitals, physicians' offices, home healthcare services and nursing care facilities. Others work in outpatient clinics and schools.

How to become an RN

Registered nurses usually take one of three education paths: a bachelor's degree in nursing, an associate's degree in nursing or a diploma from an approved nursing program. Registered nurses must be licensed.

Source: U.S. Bureau of Labor Statistics



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Thank you, from all of us

The San Diego Union-Tribune is proud to help honor local nurses with today's "Salute to Nurses" section, which coincides with National Nurses Day.

Nurses across the greater San Diego region make an invaluable contribution to our community, helping to keep us safe and healthy. Working in doctor's offices, hospitals, health care clinics, community settings and more,

they use their education, skills and compassion to provide expert care and comfort – sometimes under extraordinary circumstances.

Nurses, your efforts have not gone unnoticed. Your compassion, dedication, service and sacrifice have made an incredible difference in the lives of the patients and families you've touched and in the communities you serve.

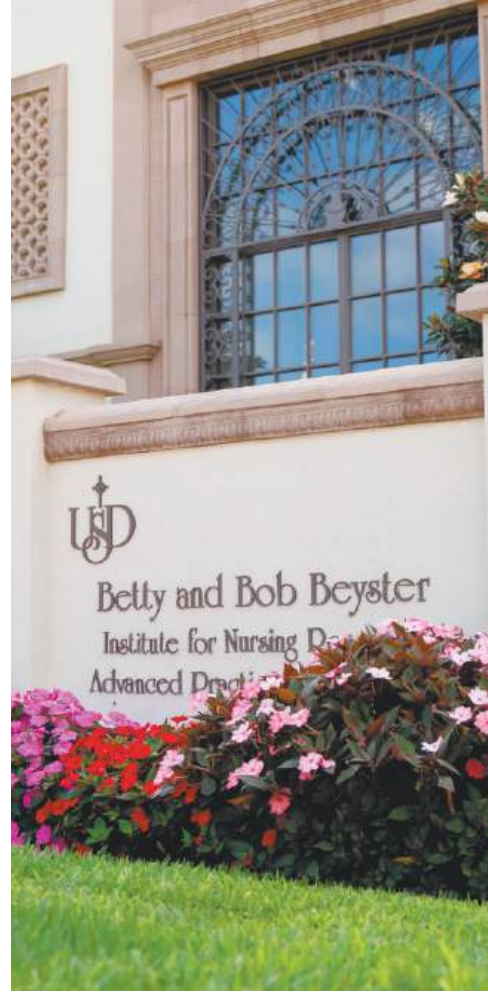
From all of us at The San Diego

Union-Tribune, thank you for all that you do.

Thank you, also, to the local healthcare organizations, universities and businesses who chose to honor and support San Diego nurses in today's special section.

Katie Musolf
Senior director of advertising
The San Diego Union-Tribune

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From USD classrooms to the forefront of healthcare, DNP alumni Emily Stone, Shalaine Corbilla, and Allison Bryden exemplify leadership, adaptability, and advocacy, lighting the way forward of modern nursing.

Next-level readiness

DNP alumni transform nursing with advanced practice and leadership

At the University of San Diego, the Hahn School of Nursing and Health Science is redefining nursing education with its Doctor of Nursing Practice (DNP) program. Known for its rigorous curriculum and diverse specializations, the DNP program prepares nurses to play a key role in transforming the future of healthcare.

A broad spectrum of advanced nursing tracks

USD's DNP program offers dual tracks, including adult-gerontology/family nurse practitioner; pediatric nurse practitioner/family nurse practitioner; family nurse practitioner;

and psychiatric-mental health nurse practitioner. For nurses with a Master of Science in Nursing, the program provides preparation as an advanced practice registered nurse and health systems leadership, prepared to meet future healthcare demands.

Alumni impact

The effectiveness of USD's program is illustrated by its alumni. Emily Stone, an FNP graduate, transitioned from being a critical care RN to becoming an NP delivering primary care. Now on the board of directors for the California Association for Nurse Practitioners, Stone advocates for policy change to improve healthcare outcomes.

Allison Bryden, a PNP graduate, applies her education serving pediatric patients in underserved communities. Her international experiences in Uganda while in the DNP program enhanced her experience and broadened her global health perspective.

Shalaine Corbilla, an AGNP/FNP graduate, uses her cardiothoracic and pandemic frontline experiences to practice in pulmonary and sexual medicine. Her practice embodies the DNP's emphasis on adaptability to diverse healthcare needs.

Looking ahead

USD's commitment to cutting-edge

technology and a curriculum that embraces a global health perspective ensures its graduates are well-prepared to shape healthcare's future. The focus on evidence-based practice empowers students to integrate the latest research into actual practice.

As the demand for skilled nurse practitioners grows, USD's DNP program continues to prepare nurses ready to lead and shape the future of healthcare.

For more information about the USD Hahn School of Nursing and Health Science graduate nursing programs, visit sandiego.edu/nursing

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Here for you. Here for good.

Scripps nurses provide exceptional care, support and strength

Nurses have some of the toughest and most rewarding jobs around. Whether they are on the front lines or behind the scenes, Scripps nurses are here for good, providing strength, support and exceptional care every day.

Time and time again, our nurses—and our entire health care team—have shown extraordinary dedication and resilience. With care for our patients and community always top of mind, they have repeatedly made sacrifices and met the challenges—and it has made all the difference.

We salute all our 2024 Nurse of the Year honorees. Thank you for your dedication, compassion and grace.

At Scripps, we're interested in people who are interested in our

community. People who build bridges, not walls, knowing we can do more together than we can alone. People who want to play a vital role in the health and wellness of San Diego. Here, you'll be part of a team that delivers outstanding health care across the region. You will work in a supportive, respectful and inclusive environment that has been repeatedly recognized as one of the nation's Top 100 Places to Work (Fortune magazine, 2024).

Surround yourself with people who are here for good—and who are dedicated to making a difference in how we care for our city, neighbors, family and friends.

Learn more at careers.scripps.org.



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Scripps Health
Admin. Services



Carlota Tescon, RN
Scripps Mercy
Hospital Chula Vista



Cece Munoz, RN
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Michelle Kostedt, RN
Scripps Coastal
Medical Center



Patricia Halmay, RN
Scripps Mercy
Hospital San Diego



Tina Miller, RN
Scripps Memorial
Hospital Encinitas



CELEBRATING 100 YEARS OF CARING



For more than 100 years, Scripps nurses have been at the forefront of caring, providing compassion, expertise and unwavering support to patients as they walk through our doors.

Their commitment has improved and saved lives—and has been an important part of our Scripps legacy of caring for the community.

From Scripps nurses who walked the historic hospital corridors dating back to our founding to our nurses who provide care in our leading-edge facilities of today, they have always been one of our greatest assets.

This week, and every week, we thank our nurses for a century of selfless service and for supporting our mission of excellence and compassion, which is at the heart of Scripps Health.

Learn more: Scripps.org/NursingCareers



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Palomar Health nurses are true champions of healthcare who provide unconditional support and compassionate care during every step of a patient's healthcare journey.

Meet a champion in nursing

Nurse Brigit Davis is dedicated to healing hearts and minds at Palomar Health

Behind every healthcare organization and every doctor, there is a team of compassionate nurses dedicated to providing extraordinary care to their patients. At Palomar Health, nurses are true champions at showing unconditional support and passion during every patient journey. Brigit Davis, a nursing supervisor at Palomar Health's Escondido campus, has supported her patients and prioritized their care for almost eight

years.

On Unit 9 East – a realm of healing in medical, telemetry and oncology specialties – patient-centered care is at the heart of Davis' approach to nursing.

"For as long as I can remember, I have always felt the need to simply make others feel better," said Davis. "I offer comfort during day-to-day interactions with patients to try to make a stressful situation a bit more comfortable."

Davis is not just a nurse, but a true champion of compassion and care

whose commitment to excellence exemplifies the mission of Palomar Health. The organization is reimagining the entire healthcare experience by building a world-class team that's committed to each patient's healthcare journey every step of the way. It's a true testament to the extraordinary individuals shaping the future of healthcare, one patient at a time.

"I focus on listening to the needs of each individual and addressing their concerns as they arise, recognizing

that each person is different and unique in their own health story," said Davis. "I strive to include family and loved ones in care preferences to provide a safe, trusting, comfortable and patient-focused environment for every person that comes through our doors."

To learn more about Palomar Health's champions of healthcare, please visit [PalomarHealth.org](https://www.PalomarHealth.org) and request an appointment today.



To the Nurses of
PALOMAR HEALTH:

You care and comfort our patients
at some of their most vulnerable times.

A nurse is one of the *most selfless professions* a person can undertake.

And you do it with grace and humility.

For this we cheer and salute you as

TRUE CHAMPIONS OF HEALTHCARE.

PALOMAR HEALTH®

Reimagining Healthcare®

PalomarHealth.org



Point Loma Nazarene University's School of Nursing prepares nurses to practice at their highest level with bachelor's, master's, DNP and FNP programs.

Celebrating 50 years

PLNU School of Nursing graduates 50th class in 2024

This year, Point Loma Nazarene University's School of Nursing celebrates its 50-year anniversary in San Diego. In 1974, the first class of Bachelor of Science in Nursing (BSN) students graduated from PLNU. Since then, PLNU has added Master of Science in Nursing (2002), Doctor of Nursing Practice (2017) and Nurse Practitioner (2023) graduate programs. At PLNU, nursing has always been valued as sacred work. Our nursing graduates demonstrate unparalleled commitment and excellence as embodied in our five "faithfully" values.

Caring faithfully

PLNU nursing students learn to provide compassionate and comforting care. "[During] patient interactions, when you see people as all of God's children, that's when you switch into seeing this as a sacred interaction," said Reanna Thompson (Class of '77).

Inquiring faithfully

Nursing students at PLNU learn to be advocates for their patients by asking the right health questions and diligently working with physicians to implement best practices.

Communicating faithfully

Nurses must communicate compassionately and effectively with patients and other health care professionals. "Communication in a leadership role is always so important, and I always come at it from an angle of treating others how you'd want to be treated," said Rachelle Sey, Ph.D. (Class of '03).

Leading faithfully

PLNU graduates are leaders committed to serving others because they know there is a sacred responsibility tied to authority. "My job as a nurse manager is to be a

nurse for the nurses," said Jeremy Cabrera (Class of '05). "I'm responsible for patient care, but I believe the patients will get the best care possible if the nurses are getting the best care from our leaders."

Following faithfully

In addition to following appropriate guidelines and laws concerning nursing practice, PLNU nurses perform everyday acts with a willingness to improve and adapt.

If you want to grow in your nursing career, join us in the PLNU School of Nursing. pointloma.edu/nursing.



PLNU SCHOOL OF NURSING CELEBRATING 50 YEARS

For 50 years, Point Loma Nazarene University has prepared students for the sacred work of nursing. Now, it's your turn to advance your nursing career. With a degree from PLNU, you will be prepared to care for patients with excellence and faithfulness.

Choose PLNU for your BSN, MSN, DNP, or FNP and become the nurse you are meant to be.

pointloma.edu/nursing



POINT ¹⁹  ⁰² LOMA
NAZARENE UNIVERSITY



San Ysidro Health nurses provide exceptional patient care, demonstrating deep cultural understanding and serving as advocates and allies to the 160,000+ patients under their care.

Honoring our heartfelt heroes

San Ysidro Health nurses have championed health equity for 55 years

For over five decades, San Ysidro Health has stood as a pillar of compassion and care in San Diego County. At the core of our enduring mission are our 229 remarkable nursing professionals, the beating heart of our organization. They exemplify our values of compassion, excellence and service, infusing every interaction with warmth and expertise.

Our nursing team is a mosaic of

diversity, reflecting the vibrant tapestry of the communities we serve. With proficiency in various languages and deep cultural understanding, they ensure that every patient receives tailored, respectful care. From bridging language gaps to honoring diverse traditions, our nurses embody inclusivity in action.

At San Ysidro Health, we recognize that healthcare is a partnership, rooted in trust and empowerment. Our

nurses go beyond treatment, serving as advocates and allies for each individual's journey to wellness. With unwavering support and guidance, they champion health equity and foster resilience in our community.

As we mark our 55th anniversary and celebrate Nurses Week, we reaffirm our commitment to accessible, compassionate healthcare for all. Guided by our dedicated nursing team, San Ysidro Health

remains a beacon of healing and hope for everyone we serve.

Nurses are the backbone of our healthcare system and we extend our deepest gratitude for their tireless dedication. Thank you for your invaluable contributions to San Ysidro Health, our community and beyond. Together, we continue to make a meaningful difference in the lives of others by building healthy communities.

SAN YSIDRO HEALTH
Nurses
TEAM

- Admissions RN Supervisor
- Admissions RN
- Ambulatory Care Manager (RN)
- Ambulatory Care Supervisor
- Clinical Case Manager (RN)
- Community Care Manager
- HIV RN Manager
- Home Care RN
- Home Care Specialist, RN
- Home Care Triage RN
- Home Care CRD, RN
- Home Care RN
- Home Care Floater, RN
- Registered Nurse
- Registered Nurse, Clinical RN
- Registered Nurse, Telephone
- Registered Nurse, SUP



RECOGNIZING THE HEART AND SOUL OF HEALTHCARE

HONORING OUR NURSES' DEDICATION
TO PROVIDING 55 YEARS
OF COMPASSIONATE CARE

WHY JOIN SAN YSIDRO HEALTH?

- Provide quality healthcare without concern for a patient's ability to pay to underserved communities and make a difference in patient lives
- As a Federally Qualified Health Center, RN's have the opportunity to apply for loan repayment on educational loans
- Predictable 8-hour Day Shifts
- Outpatient care setting
- Opportunity for growth in Nursing Leadership positions
- One-on-One patient care
- Build strong professional relationships with providers
- Join an organization that values, promotes, and embraces diversity
- No weekends for most positions
- Annual Merit Increases
- 403B Retirement Plan option
- 162 Retirement/Bonus Plan (no cost to employee)
- Paid vacation, sick time, and holidays
- Referral Bonus Program



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**VOTE
TODAY**

through

Tuesday, May 14

SDBestPoll.com



Scan the code with your phone or tablet.

WINNERS are announced Sunday, July 28

The San Diego Union-Tribune

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Powerful pathway to nursing

The Nurse Academy helps students pursue their dreams, expand their skills

The Nurse Academy extends its gratitude to San Diego's nursing and healthcare community for their unwavering dedication and commitment to delivering exceptional patient care. This dedication has served as a beacon of hope for many individuals and their families during their time of greatest need.

We would also like to express our appreciation to nurse educators and instructors for teaching and mentoring the next generation of nurses. These leaders play a crucial role in shaping the future of the nursing profession.

Our school provides a nurturing environment for students pursuing their dreams of becoming a nurse. Whether you are just beginning to

explore the field of nursing or looking to advance your skills, our campus offers a wealth of resources, state-of-the-art facilities and a supportive community to help you succeed. Start your journey with us.

Your path in nursing goes beyond caring for others. It's also a journey of discovering your own strength and potential. As you start this profession, you'll run into obstacles, find inspiration and achieve goals that highlight your expertise and abilities.

Schedule a campus tour or visit our school website for more information about our nursing programs. We look forward to seeing you in class and supporting you every step of the way.

Visit thenurseacademy.com



The Nurse Academy prepares future nurses for a rewarding and meaningful career delivering exceptional patient care.



Our vocational nursing program provides a comprehensive educational journey merging classroom lectures, simulation lab activities and clinical training.

We support all of our students every step of the way!

Financial Aid available through FASFA

Schedule a campus tour

Scan the QR Code

or visit www.thenurseacademy.com



50 Years of Lighting the Way Forward in Nursing Education



University of San Diego®



Since 1974, the Hahn School of Nursing and Health Science at USD has been at the forefront of nursing education, preparing future nurse leaders for the rapidly evolving healthcare landscape. Join us in shaping the future of healthcare during Nurses Week and beyond! We are currently accepting applications for Fall 2024 in most programs. Apply today to help light the way forward! To request an application fee waiver, email nursingadmissions@sandiego.edu.

